



*A loving home for the expectant mom.*

2355 Meadow Ridge Parkway  
West Fargo, ND 58078  
701.241.9289  
[www.perrycenter.org](http://www.perrycenter.org)

## RESIDENT POLICIES

Welcome to the Perry Center!

We want your time with us to be meaningful and worthwhile. The Perry Center is a safe environment that offers life skills training and Christian spiritual growth experience in a residential setting. It is our desire to provide the help, education, and encouragement you need at this time in your life.

The following policies are designed for your safety, as well as to provide the framework for your stay here to be a valuable encounter with God. Our hope is that your experience here provides the love and support you need to make the best decision for you and your baby.

### A. GENERAL RESIDENTIAL POLICIES

#### **1. Smoking, Alcohol and Other Drug Use**

The entire property of The Perry Center (any indoor or outdoor space) is a smoke-free, vape-free, e-cigarette-free, alcohol-free, and drug-free zone. While being a resident at The Perry Center, there is no smoking allowed. This policy is for the health and safety of all concerned including you and your unborn child. Additionally, if a resident under 18 years of age is found to have alcohol, tobacco, or drugs in their possession, they will be referred to local juvenile authorities. Any resident of any age found in possession of illegal substances will be referred to legal authorities. Refer to N.D.C.C. 23-12-9 to 23-12-12.

North Dakota State Law considers alcohol or drug use by a pregnant woman as child abuse. If you are concerned about your tobacco, alcohol, or drug use or have a history with addiction, please speak to staff about it during your intake interview and we will assist you in getting appropriate help. Your well-being and the safety of your baby is our top priority. If you struggle with addiction concerns, it is essential you meet with an addiction counselor in the community and attend a support group to reside at The Perry Center.

In addition, residents can undergo UA testing and Alcohol testing at random or scheduled if illegal substance or alcohol use is suspected. Residents are subject to a UA test if they are past curfew. All residents are required to sign an authorization form prior to residency.

#### **2. Rent**

Rent is based on a sliding fee scale that would include room, board, and services. We understand that you may be facing financial hardships. You will not be turned away based on your financial situation. If employment is secured, a budget will be created that includes a small rent payment. A signed rental agreement will be completed and can be reevaluated during your stay at The Perry Center.

### **3. Bedrooms**

Rooms should be kept neat and orderly at all times and will be checked frequently by staff. Each resident will have a key to her room and fob for building access. If lost, another key can be purchased for \$5.00 and building fob for \$10.00. A common kitchen and TV area is provided; therefore, no personal TV's, refrigerators, space heaters, or microwaves are allowed. No food or drinks are allowed in bedrooms. Residents are not allowed in each other's bedrooms unless they are roommates. Visiting between residents can be done in the commons area. No personalizing space, adding furniture, or extra bins are allowed.

### **4. Assigned Chores**

Residents are expected to complete daily and weekly chores so that everyone can enjoy a safe and clean environment. The list of chores and directions on how to complete them will be posted. If chores are not done properly, you will be asked to redo them.

Daily chores: All residents are expected to keep their personal space clean every day. Your personal space includes: 1.) Your assigned room, 2.) Your assigned bathroom, and 3.) Whatever space in the commons area you make use of in the course of the day, as well as cleaning up after breakfast and lunch. After each evening meal, all residents are expected to remain in the kitchen area and assist with clean up until all kitchen clean up is complete.

Weekly Chores: Household cleaning chores will be assigned weekly to each resident. You are expected to do a thorough cleaning of that area as well as a daily check for general cleanliness.

After giving birth: We allow each resident to take time off from doing chores for two weeks to help your recovery and bond with your baby. You are expected to participate in programming during this time

After C-Section: We allow the resident to take time off from doing chores for four weeks to help with recovery and allow you to bond with your baby. You are expected to participate in programming during this time.

### **5. Meals and Food**

Each resident must apply for WIC and SNAP. The WIC coupons for food support programs are for you. This food is intended for your use and should remain where you are residing. It will be kept in the refrigerator and cupboards labeled with your name. We do encourage you to use your assistance for the meals that are prepared for your stay. Everyone will provide milk and meal supplies to fulfill the weekly menu.

Each resident is responsible for preparing their own breakfast and noon meal using their WIC and SNAP food items. Each resident must purchase and make two meals every month. No cooking food is allowed between meals, as healthy snacks and leftovers (to warm up) are always available. The evening meal is always eaten together, family style.

Additionally, each resident will be expected to assist staff in the preparation of at least one evening meal per week. Staff is there to teach you how to prepare meals safely and to keep your diet nutritionally balanced.

All residents assist in evening meal clean-up. Residents are expected to put their own used dishes in the dishwasher after breakfast, lunch, and supper.

### **6. Curfew and Quiet Hours**

Quiet hours at The Perry Center start at 9:00 p.m. and continue through 7:00 a.m. The building is locked and doors are monitored by a security system for resident(s) safety and protection.

- For minors (age 17 years of age and younger), curfew is 9:00 p.m. Monday through Saturday with the exception of 10:00 p.m. on Fridays and 7:30 p.m. on Sundays. Residents must be in their rooms at 9:00 p.m.
- Adult residents have a Monday through Thursday curfew of 9:00 p.m. with the exception of 11:00 p.m. on Fridays and Saturdays and 7:30 p.m. on Sundays. Residents must be in their rooms at 9:00 p.m.

No one is to leave or return to the building after curfew as you will set off an alarm and you will be locked out. If a resident fails to return for a night, 2 strikes will be given.

## **7. Appearance and Clothing**

All residents are expected to be fully dressed, modestly and appropriately, by 9:00 a.m. Short shorts, any tops showing your midriff, spaghetti straps, and other revealing clothing are not allowed. No bare feet are allowed outside of the bedroom/bathroom area. You must be dressed appropriately for classes and Bible Study. Shoes or socks must be worn in the commons area and hallways. No pajamas can be worn out of the bedroom/bathroom area. Only full-coverage robes are permitted in the common areas, and only after 8:00 p.m.

## **8. Free Time**

All classes, supper clean up, and assigned chores must be completed before socializing. Residents over the age of 18 may leave the building during free time but must sign IN and OUT, and a phone number they can be contacted at. Residents under the age of 18 will be required to have permission of a parent or guardian and approval by Perry Center staff to leave the facility.

You may request to visit a family member or volunteer's home for the weekend or during the holidays. The Program Manager is the only staff able to approve visits and visitors. You must get approval from the Program Manager by Wednesday each week. Visit approvals will not be approved by contacting the Program Manager on weekends or after 4:30 p.m. during the week. Group activities (community events, etc.) are sometimes scheduled on weekends. If you are not spending a weekend at a family member's home, the following applies: Saturdays are a free day for running errands or visiting friends, except for scheduled group activities. You must give details of your plans to the person on duty and on the sign-out sheet. We require mandatory church attendance on Sundays.

## **9. House Meetings**

House meetings are weekly events that all residents must attend. This is an opportunity to discuss issues within The Perry Center that affect all residents, such as chore schedules, group activities, relationships with each other, menu items, etc.

## **10. Miscellaneous Important Items**

Hygiene- All residents are expected to bathe or shower, brush their teeth, use deodorant, and change clothes every day.

Laundry- Washers, dryer, detergent, and dryer sheets are provided. Laundry loads are not to be started after 8:00 p.m. You are responsible for washing your own bed linens weekly. Please remove your laundry from the laundry room when your scheduled time is up.

Mail- Mail will be handled by the staff or put in mail receptacle outside of your room.

House/Cell Phone/ Computer Use- There is a house phone available for your use in the commons area. You will need to purchase a phone card to make long distance calls. We encourage calm and kind conversations and a time limit of 10 minutes per call. If conversations are not appropriate, staff will kindly encourage you to end the conversation. Cell phone use of any kind, including texting, is not allowed the first 30 days at The Perry Center. Following the first 30 days cell phones will not be allowed during in-house classes, meetings, meals, or Bible Study times and will be turned in at curfew. The Perry Center can prohibit cell phones in the building if they are disrupting others or preventing a peaceful environment. Please inform your callers that there are no phone calls allowed after 9:00 p.m. on the house phone. When answering the house phone, do not share personal information about other residents. You may not request your personal device until 9:00 a.m. A personal computer or tablet is approved only for high school or college purposes. Devices must be turned in at curfew. A laptop that is connected to the Internet is available to residents upon request. The house computer must stay in the commons area. Each resident is allowed 30 minutes of free time on the device.

Television- TV can be watched nights starting at 5:00 p.m. and weekends and will not be available for entertainment during in-house classes, meetings and Bible Studies, evening meal preparation, mealtime and mealtime clean up. TV time and content is at the discretion of the staff.

Movies, Books, Music, Games, and Other Forms of Personal Entertainment- only movies with “G”, “PG”, or “PG-13” (with staff approval) ratings are allowed. ANY items with occult (Ouija Boards, tarot cards, crystals, horoscopes, witchcraft, etc.), violence, or sexual themes will not be allowed in the building. Any material of this nature in any form found on the premises will be disposed of, regardless of ownership.

## B. PROGRAM POLICIES

### 1. Medical Care

All Perry Center residents must be receiving ongoing and regular prenatal care. You may choose your own physician, or staff can refer you to one. All medical appointments are expected to be kept and be attended on time. At each medical appointment, you are responsible to provide Program Manager with your medical summary sheet for your Perry Center file. You will have the opportunity to attend childbirth classes. In addition, each first-time mom is required to participate in a Nurse Family Partnership.

### 2. Appointments

Always check the house schedule when making appointments for WIC, doctor, or other appointments. Try to schedule similar appointments on the same day and near the same time as the other residents’ appointments in order to help us be efficient with fuel costs and staff time if you need a ride. Always schedule your appointments around the in-house class schedule and preferably on Tuesdays and Thursdays.

### 3. Visitors

- **Female friends** can visit with prior arrangements with the Program Manager.
- **Male visitors** are not allowed.
- **Parents/Guardians** of minor residents are allowed to visit at any time. Other family members may visit as approved by staff. You may visit your family and friends away from the facility during your free time.

## **4. Children**

Each resident is responsible for her own children. You must keep your child or children in your sight at all times. Residents and staff cannot watch or babysit another resident's children during their stay at The Perry Center. If you choose to let staff or other residents hold your baby you are liable and you must be present in the room. Never leave your child alone with staff or residents.

## **5. Home Visits**

Home visits are permitted after approval from the Program Manager, once a month for residents that have successfully completed their first 30 days in the program to visit family, unless other arrangements have been made. Overnight visits are for approved family members only. No overnight visits will be granted for stays with boyfriends or friends. Weekends begin at noon on Friday and end at 5:00 p.m. on Sunday. The parent or guardian and the staff will arrange home visits for minors. These arrangements should be finalized 24 hours in advance of leaving. Overnight visits are not allowed during the week. If a holiday falls during a weekday, The Perry Center will follow the school vacation schedule. The staff may grant a weekend home to visit family if the resident has completed all of her in-house responsibilities before departing and is actively participating in programming. Beginning in the eighth month of pregnancy, out of town visits can occur only if the doctor has given written permission to travel. Approval must be received by the Program Manager on Wednesday prior to visit.

## **6. Signing Out**

You are required to sign IN and OUT on the sheet on the kitchen counter every time you leave and return. Residents must be specific as to who they are with, where they are going, and provide a phone number and/or address where they can be reached. For your safety, please notify the on duty staff of your plans, and if your plans have changed.

## **7. Transportation**

You are responsible to make and get to all your appointments on time. Staff may supply transportation to and from medical, WIC, and Social Service appointments that are scheduled on appointment days. Staff will give rides to these appointments on Tuesdays and Thursdays. Please notify the Program Manager or House Parent so that we can plan transportation accordingly.

Independence is encouraged and you are expected to learn how to use the public transportation system. The Program Manager can assist you in creating a plan to use public transportation. There is a bus stop right next to The Perry Center, at the corner of 7th Avenue South and 45th Street South. While you can ask for rides, do not always expect them to be given.

Any resident that is 18 years or older, has completed high school or a GED program, and is employed or actively searching for employment may bring an automobile for her use during her stay at The Perry Center. Proof of a valid driver's license, current auto insurance and registration, and license plate number is required. If you have your car at The Perry Center, please be aware that you are not allowed to provide a ride to any resident.

We will not provide rides to visit male companions.

## **8. In-House Classes**

Regular classes scheduled at The Perry Center are designed to enhance your experience and abilities during this period of your life when you are faced with so many life-changing decisions. Some examples of topics covered are life skills, independent living skills, decision making, newborn care, loss and grief, physical exercise, and single parenting. All residents are required to participate in appropriate classes. Please check the calendar to see what time classes will be held along with your appointments with staff.

## 9. Counseling and Advocacy

All residents are required to participate in four counseling sessions according to the growth tracks. There will be no cost to residents. All residents will meet with the Program Manager at least once per week. The Perry Center Staff will also teach classes, assist you in planning and decision-making, be a support person, help coordinate services, make appropriate referrals, and advocate for residents.

## 10. Spiritual Growth

Residents are provided the opportunity to deepen their relationship with God and further their walk with Jesus as their personal Savior through a variety of activities.

- If a resident does not have a personal Bible, one will be given to her.
- A prayer of thankfulness is said at each meal.
- Daily devotions are held after each evening meal.
- All residents attend Bible Study, which is held in-house, one to two times per week.
- Staff is available to pray with the residents at any time it is needed or requested.
- Every Sunday all residents attend worship services. Church attendance is mandatory and a ride to and from worship will be provided for all the residents that are attending the same worship service. You may go to any church outside of where The Perry Center takes you as long as a ride is provided by your family or mentor mom. The House Parent can assist you in connecting you with someone at that congregation. You will be required to have a bulletin to give to the Program Manager verifying you went to church.

## 11. Medication Policy

All medications are locked up in a safe, which only the staff has access to. The staff are trained regularly to follow the procedures for safe and effective use, storage, and disposal of prescribed and over the counter medications. All medications must be taken as prescribed by a physician or qualified health professional. Residents and their children will have their medication use monitored. Residents are responsible for remembering when to take their medication and asking a staff member to get it for them. Prenatals can be kept in residents' rooms.

### Protocol Medication Orders

- If your physician has standing orders, please supply a copy to the staff. Examples of standing orders are laxatives, antacids, or pain medication.
- All medication orders will be reviewed by the prescribing physician when needed (frequency is based on the type of medication, the dosage amount, the length of time the resident has been on the medication, and concern with side effects and adverse reactions) to determine appropriateness and effectiveness for the medication.
- Do not start or stop medication without consulting your doctor.
- Written orders from a physician must accompany all prescribed medication or medication changes. These orders will be documented on the Medication Monitoring Record (MMR) by the staff.
- The MMR will be used for each resident. Staff will be responsible for filling out the MMR and the resident should be involved. Please do not scribble on the MMR. Read the MMR and fill out each area upon admit and monthly thereafter. The House Parent and Resident Assistant(s) will complete the MMR. At the end of every month, the MMR will be given to the Director for review and will be filed. If a resident refused medication or is not taking them properly, the Director will be informed immediately.

- Over the counter medication will be documented on the back of the MMR. The date and times, and amount given will be written. Then the staff must sign at the end of the sentence. Please check with a pharmacist or physician to make sure the resident is able to take an over the counter medication before giving those medications to avoid unsafe medication interactions. The resident has responsibility for this, as well as their medication.
- Staff will complete the disposal of the medication during a resident's stay at The Perry Center. Any out dated medication, medications left behind, or medication that a resident is no longer taking will be given to the Director. A form will be completed that shows the medication has been disposed of properly and the form will be filed in the resident's file.

### **Storage of Medication**

- Medication must be stored as directed on the label.
- All medication, both prescriptions and over the counter (including vitamins), must be stored in a medication box that is locked at all times.
- Medications must be properly labeled and stored in the original bottle. If the medication comes with the resident upon admit, it must be in the original bottle, labeled with their name, name of medication, and dosage.

## **10. Volunteering**

A minimum of 20 hours of volunteer time is required during your stay. Volunteer opportunities will be the resident's choice of either Tender Hearts Daycare, Youth for Christ, New Life Center, Women's Care Center, or The Perry Center. A signed time sheet with completed time will be returned to the Program Manager.

## **C. COMMUNITY ACTIVITIES POLICIES**

### **1. Mentor Program**

Mentors are volunteers from the community that are meant to be a friend and spiritual mentor to you during your stay at The Perry Center. You and your mentor will meet on a weekly basis and develop a trusting relationship that will hopefully last beyond your stay at The Perry Center. She may be your childbirth coach, attend birthing classes with you, provide rides to appointments, or a weekend visit to her home to stay with her family. Your mentor may bring you to church, a community based Bible Study, and work on BrightCourse lessons with you.

### **2. Education**

North Dakota State Law requires that any person under the age of 16 must attend school.

Additionally, The Perry Center requires that any resident under the age of 18 that has not completed their high school education must attend an educational program toward the goal of achieving their high school diploma or equivalent degree while residing at The Perry Center. There are several options from which to choose. The Program Manager will assist you in a referral to the program of your choice.

If a resident is 18 years of age or older, and has not completed their high school education, The Perry Center requires attendance at an Adult Basic Education Program. Regular progression toward the achievement of a General Equivalence Diploma (GED) should be attained while residing at The Perry Center.

### **3. Employment**

Employment is encouraged for all residents who have achieved their high school diploma or GED. The Program Manager will work with you on creating goals in this area as well as exploring other life goals. If the resident has not obtained paid employment within the first 60 days of employment eligibility, employment classes and additional volunteer activities are expected.

Once employment is successfully obtained, your schedule needs to be arranged to meet program requirements. Give a copy of your work schedule and notify them of any changes so staff can assist in transportation and coordination of house activities.

Residents may only work part-time, so that self-care and programming are taken care of first. We recommend 15-20 hours per week. Copies of proof of income (from employment, TANF, or other assistance) must be provided to the Program Manager monthly.

Remember: The in-house programming activities at The Perry Center are the priority on your schedule in order for you to fully benefit from your time with us.

#### 4. BrightCourse

BrightCourse is a curriculum based program to help women learn, grow, and understand how to parent. You will be given the opportunity to earn “Baby Bucks” through each lesson done with your mentor or staff. Baby and personal items may be bought from our store of new and gently used items. The number of lessons you do each week will be determined with the Education Coordinator.

### D. CONSEQUENCES

There are rules, laws, guidelines, and policies that are in place to protect us on a daily basis. If any of the guidelines are broken in our daily life, there are consequences.

At The Perry Center, the following consequences have been established to protect and teach natural consequences for breaking policies. Some examples of policies that may not be broken are: violation of curfew, missing programming (including house meetings, appointments with the Program Manager or outside professionals, and other classes offered through programming), or not attending weekly church.

We would like to reassure potential residents that life is a journey of learning with great consequences at times. We will support each resident through the learning process by having natural consequences for their behaviors.

Level	Consequence
1st Incident	Verbal reminder of policies. Identify the behavior and how it leads to consequences.
2nd Incident	Verbal reminder of policies. Identify the behavior and how it leads to consequences.
3rd Incident	Written reminder of policies, extra chores, loss of privileges such as computer, phone (can still be used for emergency such as 911), visits, TV, and/or other privileges.
4th Incident	Meeting with the resident, staff and/or family members and/or outside professional working with the resident, which would include the Program Manager. At this level, a plan for discharge may be implemented.
Critical Incident	Immediate discharge of residents, children, or a staff member is in danger. This includes but not limited to, threats or acts of violence, acts considered “hate crimes,” weapons, and illegal drugs or alcohol used or brought to the premises.



The above policies maintain a workable environment between The Perry Center residents and staff. The Perry Center reserves the right to evict residents who refuse to abide by, or continually abuse the policies. We can discharge you at any time if we determine your stay is no longer therapeutic for you or others. The eviction and discharge can occur without using the incident scale above. You have 30 days from the date you are discharged to schedule a pick-up of your belongings. We do encourage you to take your belongings with you at the time of discharge. There are no extensions offered beyond 30 days.

**By signing this form, I agree to follow the policies, forms, and rules during my stay at The Perry Center.**

**Resident Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Perry Center Staff Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



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## RESIDENT INFORMATION

Today's Date: \_\_\_\_\_

Name: \_\_\_\_\_ SSN: \_\_\_\_\_

Address \_\_\_\_\_ Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Birthplace: \_\_\_\_\_ Age: \_\_\_\_\_

Marital Status  Single  Married  Divorced

Baby's Due Date: \_\_\_\_\_ Please Check One  Natural Birth  Planned C Section

Is this your first pregnancy?  Yes  No

If not, explain.

Plans For This Baby  Parenting  Adoption  Someone Else Parenting  Undecided

Name of Adoption Agency (if applicable): \_\_\_\_\_

Caseworker Name: \_\_\_\_\_ Phone: \_\_\_\_\_

### **Other Agencies You Are Working With Regarding Your Pregnancy/Adoption**

Agency Name: \_\_\_\_\_ Phone: \_\_\_\_\_

## YOUR PARENTS

Father's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

YOUR GUARDIAN (IF APPLICABLE)

If you have a guardian, is it a parent?  Yes  No

If not, how are you related to your guardian?

Address of Guardian: \_\_\_\_\_

Guardian Phone: \_\_\_\_\_

FATHER OF THE UNBORN BABY

Name: \_\_\_\_\_ SSN: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Employer/School: \_\_\_\_\_

Employer/ School Address: \_\_\_\_\_

Physical Description of Father

How does he feel about the pregnancy?

Does he admit that he is the father?  Yes  No

Has he signed a formal Acknowledgment of Paternity?  Yes  No

What is your relationship with the father at the present time?

YOUR OTHER CHILDREN

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex  M  F  
Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex  M  F  
Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex  M  F  
Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex  M  F

EDUCATION/EMPLOYMENT

If you are presently in school:

Name of School: \_\_\_\_\_ Grade Level: \_\_\_\_\_

Guidance Counselor: \_\_\_\_\_

If you have dropped out of school:

Age you left school: \_\_\_\_\_ Last Grade Completed: \_\_\_\_\_

Reason for Leaving: \_\_\_\_\_

What have you been doing since you dropped out of school?

If you graduated from High School:

Name of School: \_\_\_\_\_ Year Graduated: \_\_\_\_\_

Did you go on to college or other career training? Please Explain:

Employment: \_\_\_\_\_

Employer Name: \_\_\_\_\_

Employer Address: \_\_\_\_\_

Supervisor: \_\_\_\_\_ Phone: \_\_\_\_\_

## CRIMINAL BACKGROUND

Have you ever been accused or convicted of any crime other than a minor traffic violation?

Yes  No

If yes, explain for each: offense, date, sentence, name and phone number for your caseworker:

## SPIRITUAL LIFE

Do you have faith?  Yes  No

Do you currently attend a church?  Yes  No

## AGENCIES

Which community agencies are you working with? (i.e. Social Services, WIC, YWCA, Job Service, Southeast Human Services, etc.)

Resident Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Staff Signature: \_\_\_\_\_ Date: \_\_\_\_\_



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## RESIDENT MEDICAL INFORMATION

Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_

Health Insurance:  Medicaid  Private  Other  None

Medicaid County/State: \_\_\_\_\_ Medicaid Number: \_\_\_\_\_

Insurance Provider: \_\_\_\_\_ Policy Holder: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

## MEDICAL PROVIDERS

### **Obstetrician:**

Name: \_\_\_\_\_ Clinic: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Date of Last OB Exam: \_\_\_\_\_ Date of Next OB Exam: \_\_\_\_\_

### **Primary Care Doctor:**

Name: \_\_\_\_\_ Clinic: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Date of Last Exam: \_\_\_\_\_ Date of Next Exam: \_\_\_\_\_

### **Counselor/Therapist:**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**Other Medical Providers:**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**YOUR HEALTH**

**Medical Conditions**

Check any of the illnesses you have or had in the past:

- HIV/AIDS     Sexually Transmitted Disease(s)     Hepatitis     Mononucleosis  
 Diabetes     Any other contagious diseases not mentioned above explain:

**Allergies:**

**Hospitalizations:**

If you have ever been hospitalized, give the following information: Date, hospital, reason for hospitalization, physician.

**Chemical Dependency:**

**Drugs:**

Have you ever used illicit drugs of any kind?     Yes     No

If yes, explain drugs used, frequency, length of use, and any treatment:

**Alcohol:**

Do you have a history of alcohol abuse?  Yes  No

If yes, explain drugs used, frequency, length of use, and any treatment:

**Tobacco:**

Have you ever used tobacco?  Yes  No

If yes, explain frequency and whether you have quit:

**MEDICATION**

List all prescription and over the counter medications and vitamins you are presently taking, the dosage, and frequency of use:

Do you have any other health or medical concerns that we should be aware of?  Yes  No

If yes, please explain:

Resident Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Staff Signature: \_\_\_\_\_ Date: \_\_\_\_\_